Little Lamb

Activity Book



For Adventurers

Age Four Years

Requirements for Little Lambs



Name: Earn the Healthy Me Adventurers Star BASIC REQUIREMENTS I Responsibility II. I Can Make Wise Choices Repeat from memory and accept the Adventurer Earn the Healthy Food Adventurers Star Pledge. III. I Can Care For My Body II Reinforcement Complete the Good Health Habits chart Obtain the Little Lambs Reading Certificate by MY FAMILY (Choose at least 1 section) reading or listening to either the Book Club selection from the ABC or two books from the I. I have a Family \sqcup five topics listed in the resource manual. Draw or cut out a picture to represent you and your family. Complete at least 1 section from each of the following four groups. II. Families Care For Each Other Earn the Special Helper Adventurers Star MY GOD (Choose at least 1 section) III. My Family Helps Me Care for Myself lacksquareI His Plan To Save Me Know about safety around the house and the car. Earn the Wooly Lamb Adventurers Star MY WORLD (Choose at least 1 section) II. His Message To Me Earn the Bible Friends Adventurers Star I. The World of Friends Earn the Zoo Animals Adventurers Star III. His Power in My Life \square Listen to one of the following stories and do the II. The World of Other People activity: Earn the Community Helpers Adventurers Star A. Moses is given the Ten Commandments III. The World of Nature \sqcup B. Jonah and the big fish Know the name of 2 Australian animals, 2 C. Jesus walks on water \square Australian birds and 2 Australian flowers & what MY SELF (Choose at least 1 section) they look like. I. I Am Special \square

Class Teacher	Club Director
District Director	Date Invested

Original idea from SPD Adventurer resource CD 2004, adapted by Cristiane Smedley, WA, 2013

I am a Little Lamb



I am	years old.	
My address	is	







Little Lambs Stars I Have Earned

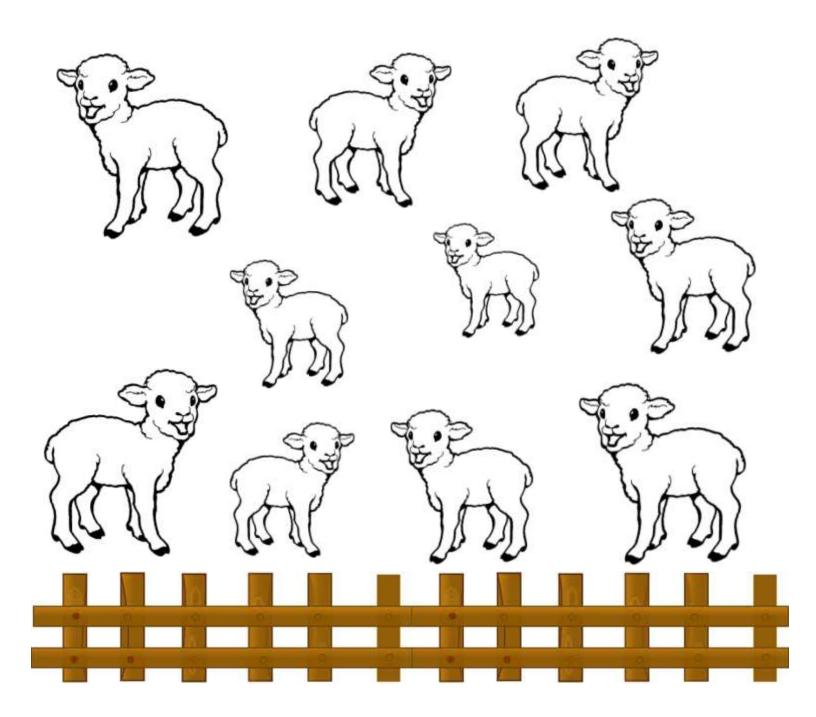
	Name:		Others:
♠ ☆	Woolly Lamb Star	*	
	Date completed:	-	Date completed:
♣ ☆	Bible Friends Star	*	
	Date completed:	-	Date completed:
*	Healthy Me Star	\Rightarrow	
	Date completed:	-	Date completed:
**	Healthy Food Star	\Rightarrow	
	Date completed:	-	Date completed:
	Special Helper Star	\Rightarrow	
	Date completed:	-	Date completed:
***	Zoo Animals Star		
	Date completed:	-	
***	Insects Star		
	Date completed:	-	
A	Community Helper Star		
	Date completed:		



Little Lamb - Basic Requirement I



Adventurers Pledge



Cut the words from next page and glue one word on each lamb to make the Adventurers Pledge.

"Because Jesus loves me I can always do my best".

Little Lamb



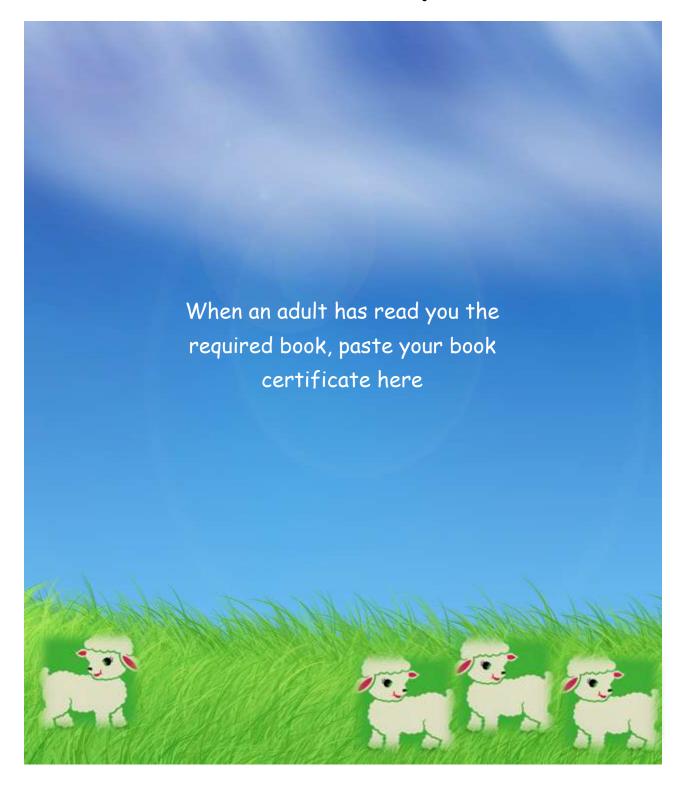
Basic Requirement I

Because	Jesus	loves	me	I
can	always	do	my	best

Little Lamb - Basic Requirement II



Book Club Certificate







Little Lamb Book Club Certificate

This is to certify that

has completed the required reading for

Little Lamb





WOOLLY LAMB STAR

1. Listen to a book about lambs.
2. Say three things you learnt about lambs. (i.e. baby sheep are called lambs).
A B
C
3. Play a game about lambs.
4. Make a lamb craft.
Signed off
Date completed/





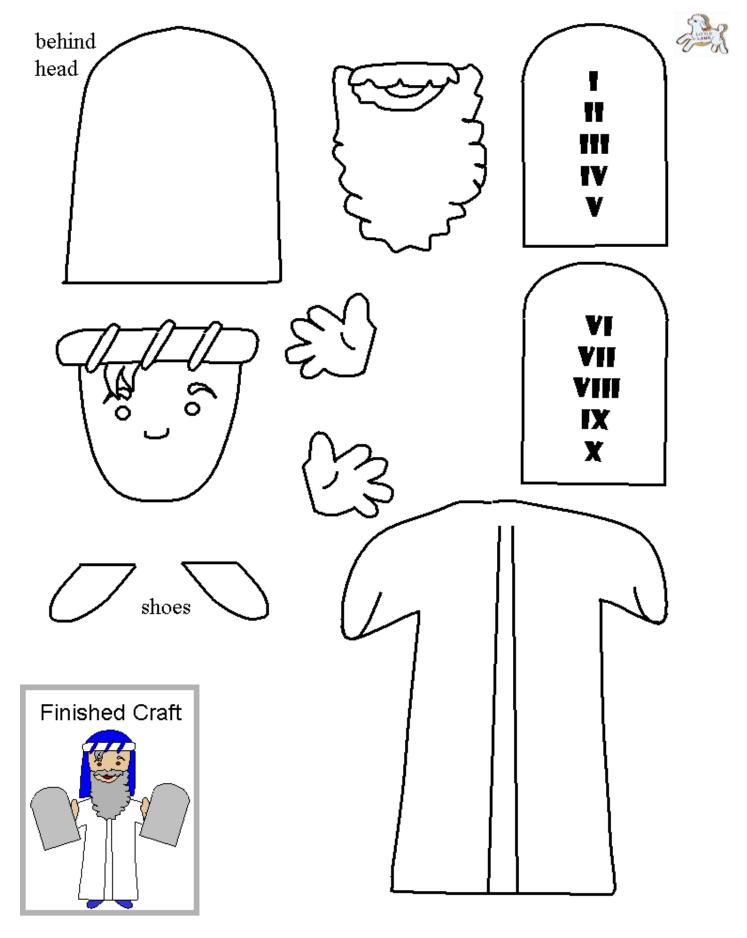
BIBLE FRIENDS STAR

1. Listen to a book about Bible friends.
2. Sing a song about Bible friends.
3. Play a game about Bible friends.
4. Make a Bible friend craft.
Signed off
Date completed/





Moses is given the Ten Commandments



Colour the pictures, then cut and glue to form Moses with the 10 Commandments.

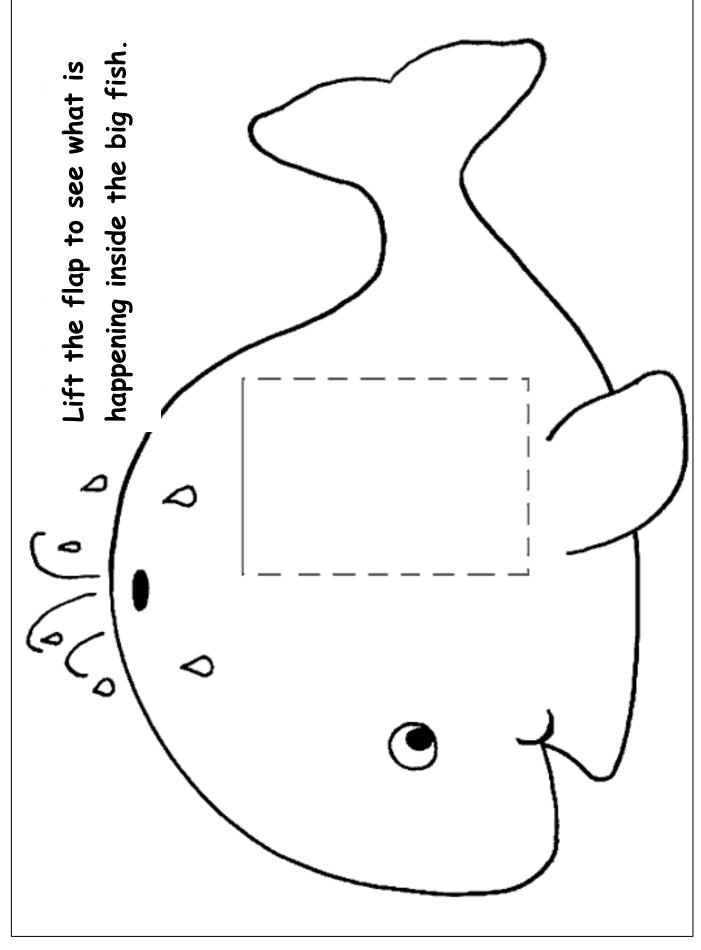


Jonah and the big fish



Colour, cut and glue the big fish over praying Jonah. Don't forget to cut over the dotted line at the fish's belly before gluing.

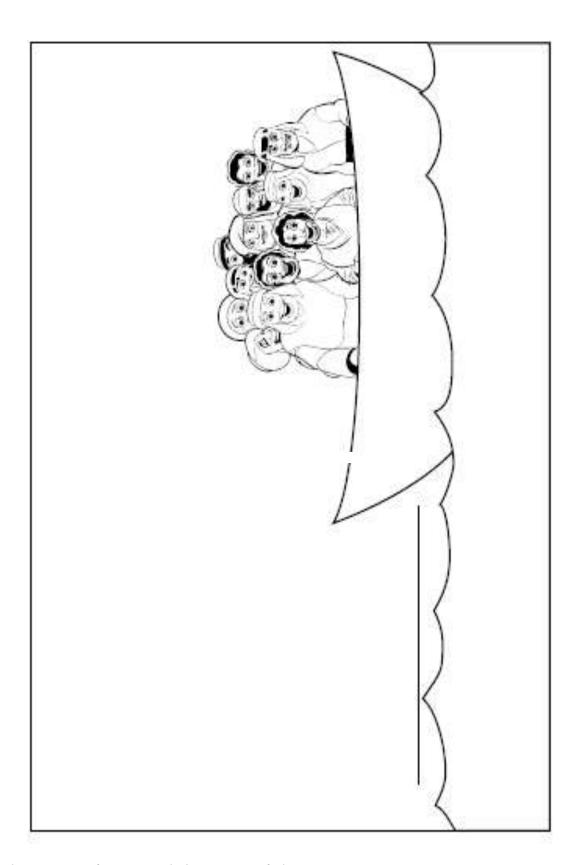




Original idea from SPD Adventurer Resource CD, adapted by Cristiane Smedley, WA, 2013

Jesus walks on water





Colour, cut the picture of Jesus and glue on top of the water.

Jesus walks on water







HEALTHY ME STAR

1. Listen to a book about being healthy.
2. Say three things you learnt about being healthy.
A
В
C
3. Play an action game about being healthy. 4. Complete an art project about being healthy.
Signed off
Date completed/





HEALTHY FOOD STAR

1. Listen to a book about healthy foods.
2. Tell three things you learnt about healthy foods. (i.e. fruits have vitamins).
A
B
C
3. Play a game about healthy foods. 4. Make a healthy foods craft.
Signed off
Date completed/



Good Health Habits



I will try to learn good health habits.

For one week I will -
Clean my teeth
Brush my hair
Have a bath/wash/shower
Eat Healthy food (fruit, vegetables, bread, cereal etc.)
Exercise (walking, jumping, running, climbing etc.)

Parents please help your child record their good health habits by placing a tick or putting a sticker in the boxes to show how many times in a week that they practice good health habits.



My Family



Draw or cut a picture of you and your family.



SPECIAL HELPER STAR

1. Listen to a book about being helpful.
2. Sing a song about being helpful.
3. Play a game about being helpful.
4. Make a craft about being helpful.
5. Help a family member with a special chore for one week.
(i.e. feed a pet, make the bed)
I did for one week.
Signed off
Date completed/



Safety at home





Fire



Cleaning chemicals



Friendly pets



Tools





Hot stoves



Good books



Hot food and drinks





Toys



Matches

Sharp scissors

Cut the missing objects from the next page and glue in the correct spots, then circle the things that are safe to play with around the house and place a large X on the things that are NOT safe for children to play with by themselves.

Safety in the car



Today we	are going	for a drive to	the		
We climb into th	e				·
and put on our					
While mum is dr beach, we climb				noise. When we reac	h the
We cross the roo	ad at the			to go to the sand.	
It is fun at the b	peach!				

Cut the missing pictures to complete the story from the next page and glue in the correct spots.

Then talk about been safe at home and in the car.

Original idea from SPD Adventurer Resource CD 2004, adapted by Cristiane Smedley, WA,

Safety at home and in the car





Sharp scissors



beach



Sharp knives



car



Medicines



seatbelt



Pedestrian crossing

Cut the pictures above to complete the activities "Safety at home" and "Safety in the car".

Original idea from SPD Adventurer Resource CD 2004, adapted by Cristiane Smedley, WA,



ZOO ANIMALS STAR

1. Listen to a book about zoo animals.
2. Say three things you learnt about zoo animals
A
B
C
3. Play a game about zoo animals. 4. Make a zoo animal craft.
Signed off
Date completed/





COMMUNITY HELPER STAR

1. Listen to a story about community helpers.	
2. Pretend to be a community helper.	
3. Play an action game using community helpers' skills. (i.e., climbing, running).	
4. Complete an art project about community helpers.	
Signed off	
Date completed/	

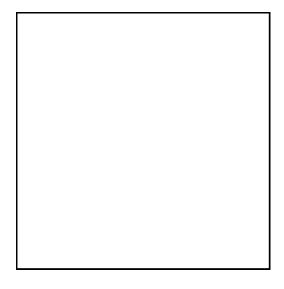


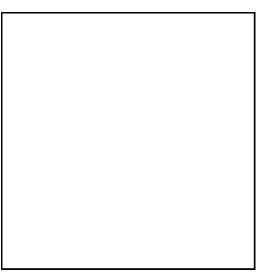
Our Australian



Animals

I have a pouch to carry
my baby. When my baby is
big enough it rides
on my back. I am a





I have a pouch to carry my baby. My baby is called a joey. It rides in the pouch until it is too big. I am a

Listen to a adult reading the sentences, try to guess the Australian animal and then cut the pictures from the attached page and glue in the right spot.

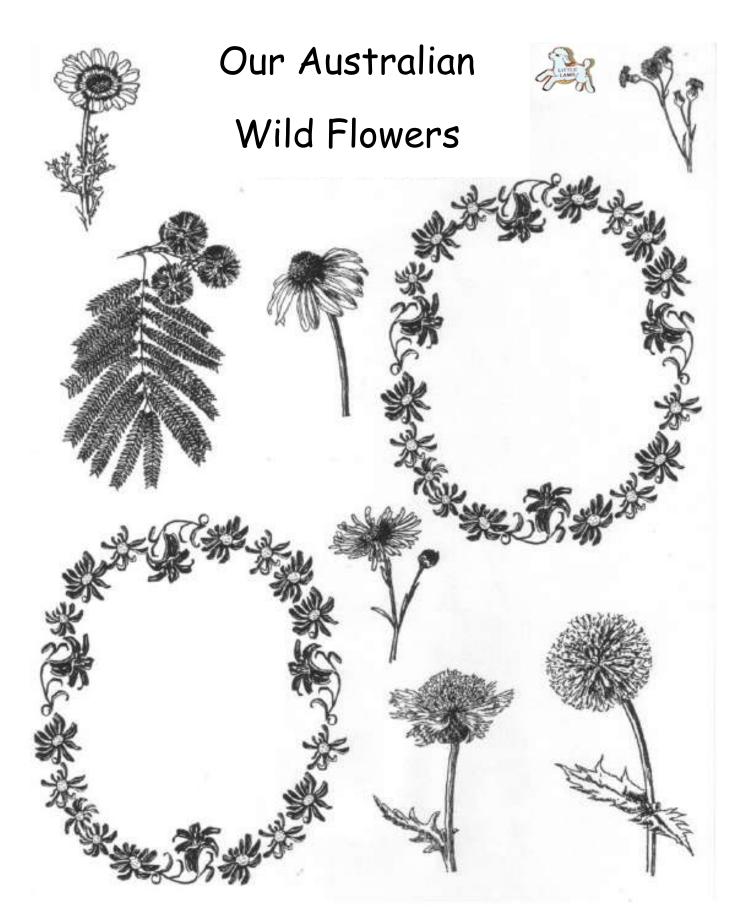
Our Australian



Birds

I can't fly but I	
can run fast. I	
am an	
	1
	I like to laugh.
	I eat snakes and
	lizards. I am a

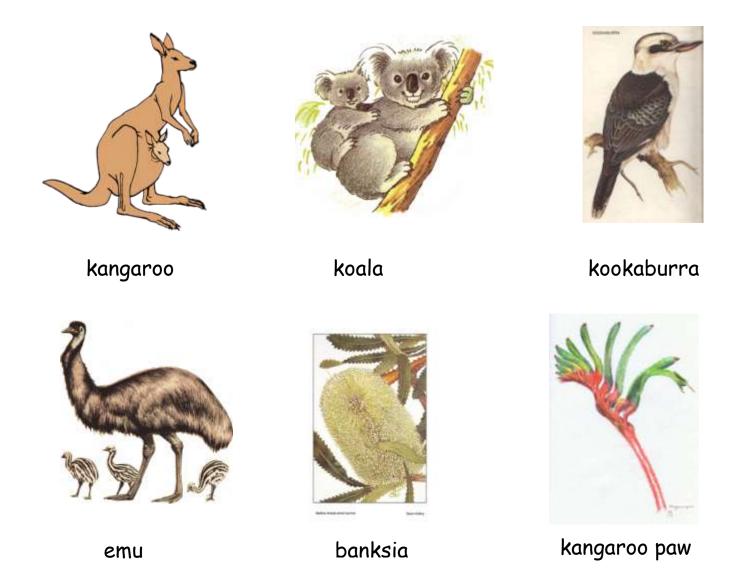
Listen to a adult reading the sentences, try to guess the Australian bird and then cut the pictures from the attached page and glue in the right spot.



Find pictures, photos, drawings or two real Australian Wildflower to stick in the frames. (Or use the ones in the attached sheet.)

Our Australian Animals, Birds & Wild Flowers





Cut the pictures above and glue in the right spot to complete the activities "Our Australian Animals", "Our Australian Birds" & "Our Australian Wild Flowers".